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MARIJUANA IS POTENT!

HOW TO USE MARIJUANA SAFELY IS DETAILED IN THIS EBOOK

An Adults Playground of Pot

From a new author who is determined to protect people from a bad experience!

John M. Skerritt; Entrepreneur, communicator, activist and knowledgeable in the use of medical and recreational marijuana has produced an educational e-book about how to use Marijuana safely. **An Adults Playground of Pot** includes specific instructions for first time use to protect the new user from a bad experience. It also teaches important things about Marijuana use; like how to recover if someone uses too much and describes the effects you experience when high. It is filled with useful information about pot, its preparations, how to use it for personal growth, and how it influences all of us.

John was introduced to Marijuana at a young age and was one of many unofficial lifelong medical users. Working to become the president of his own database and web design company caused him to become entrenched in communications. In 2013 he decided to use his skills as a writer and his knowledge of Marijuana to produce this material at what he perceives is a critical time of need.

“I recognized that Marijuana is stronger than when I first tried it, I have heard that up to seven percent of new users have anxiety attacks; sometimes ending up in the emergency room. I feel that is unnecessary. I know events like this occur because no one is shown how to use this very potent pot. I decided instructions about ‘how to’ and ‘when to’ use pot were needed - to help prevent people from a paranoid experience.”

John wants to make this information reachable to everyone; the e-book is published and accessible at www.adultsplaygroundofpot.com and other online retailers.

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www.adultsplaygroundofpot.com/pressinfo.htm for review copies, and an author bio.